

RCH ECIS - Paediatric Mealtime Support

Inclusion and Exclusion Criteria

Inclusion



Children aged 1.5-5 & their parents/carers

- Families who would benefit from short-term intervention focusing primarily on parent capacity building (assuming longer-term support is provided by an external community provider)



Mealtime/feeding support is required to address one or all of the following:

- Mealtime schedule/routine
- Participation in the mealtime
- Sensory regulation needs
- Skill development (oral-motor / fine motor)
- Child worry about new foods
- Parent/carer stress during mealtime

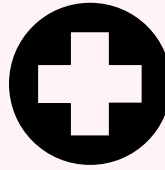


Parents/carers able to engage via telehealth



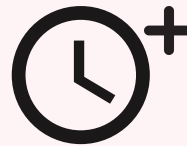
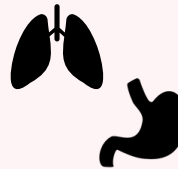
Parents/carers willing and able to engage in parent/carer coaching/capacity building

Exclusion



Feeding difficulties associated with complex medical needs. This may involve:

- Suspected or confirmed dysphagia
- Children with acute medical concerns
- Complex airway issue
- Complex gastroenterology issue
- Malnutrition



Children requiring intensive, multi-disciplinary feeding intervention



Family not able or ready to engage in coaching/capacity building

For any child referred that has another community team involved, it is recommended that contact with the provider is made to understand current treatment plan and goals to avoid repetition/interruption and provide handover for continued support.